Personal, Social and Health Education (PSHE) and Sex and Relationships Education (RSE)

Intent

Key Purpose:

Why is this subject important at Dennington School?

- PSHE and RSE enables pupils to be equipped with a sound understanding of how to make positive choices that lead to a healthy and safe lives and to develop healthy, respectful relationships, focusing on family, friendships and community, in all contexts, including online.
- PSHE and RSE develop the qualities and attributes that children need to manage opportunities, challenges and responsibilities as they grow up, enabling them to thrive as individuals, family members and members of society.

Key Principles:

What are the distinctive ways of knowing, working and learning in this subject at Dennington School?

- At Dennington School we call PSHE "Life Lessons" and there is an emphasis on these lessons being part of the curriculum to inform and support children now and into their futures.
- The teaching of PSHE / RSE is informed by our school's ethos which is underpinned by Christian values in education, encompassing the following: Creativity, Respect and Reverence, Friendship, Hope, Generosity, Perseverance, Compassion, Peace, Service, Truthfulness, Humility, Forgiveness, Courage, Thankfulness, Wisdom, Justice, Trust and Responsibility.
- At Dennington School every child is valued and encouraged to achieve their full potential. Every member of our school community is encouraged to respect and value each other. Wherever possible we make close links between our values, worship and PSHE curriculum.
- We create a safe and supportive learning environments by ensuring that PSHE is always taught in an atmosphere of respect and understanding, following normal classroom expectations of listening to one another and not allowing children to interrupt or speak over one another, never laughing or mocking other people's opinions, giving time for reflection, and space for understanding and ideas to change and develop.

- We ensure that where pupils indicate that they may be vulnerable and at risk, they will get appropriate support through referral to the Designated Safeguarding Lead and other agencies if needs be. This links to and is informed by the school's safeguarding/child protection policy.
- Our PSHE programme aims to fulfil its objectives for ALL pupils, including those with SEND, enabling staff to tackle barriers to learning and raise aspirations for our pupils. PSHE is taught inclusively to all children regardless of their race, religion and gender, whilst at the same time addressing the need for equal opportunity, respect and understanding.
- PHSE at Dennington School is planned using the Kapow PSHE and RSE curriculum. This a high-quality curriculum which covers all Primary level elements of the statutory Relationships and Sex Education (RSE) and Health Education. The themes are taught in spiralling programme, with areas being revisited in different years.
- Active engagement in learning, rather than passively receiving information, is most effective in teaching PSHE education. The PSHE programme is taught through a range of teaching methods, which include discussion, written and drawing work, role-play, creative work and research
- At Dennington we help pupils make connections between their learning and 'real life' behaviours by using examples that are relevant and easily accessible for the children to connect with and by giving time for discussion and reflection. Links are made to other areas of the curriculum, particularly with science, history, geography, RE, PE and Computing. This is to demonstrate that the knowledge and skills gained in PSHE do not exist in a vacuum but are part and parcel of our knowledge and understanding of the world.
- Sex education is taught in Year 5 and 6. The sex education programme is tailored to the age and the physical and emotional maturity of the pupils. It ensures that both boys and girls are prepared for the changes that adolescence brings and (drawing on knowledge of the human life cycle set out in the national curriculum for science) how a baby is conceived and born. At Dennington School Sex Education is taught alongside Relationships Education and how to recognise the characteristics and positive aspects of healthy relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook and commitment.

Expectations:

What does success look like in this subject?

- Pupils will know and understand the relevant information to be able to make choices that lead to healthy minds and bodies, develop the skills for gaining and keeping positive relationships and have a secure understanding that they have a rights and responsibilities in the communities and societies to which they belong now and in their future lives.